



PARISH OF THE HOLY FAMILY, MILLBROOK

Fr Benjamin writes...

When I make spaghetti bolognese I use my own secret signature source – once tasted always recognised. It is different, it is distinctive, and by tasting it, you will know who made it; only I know the full complement of ingredients. “That’s Father’s secret signature source” you will say having eaten it.

Christians, too, are called to be distinctive. When people encounter us, they should ‘taste’ something different in us. That distinctive ingredient is the beautiful love of God which, whilst unique, manifests itself in countless ways but is nonetheless as recognizably coming from God. Our Blessed Lord describes this in terms of His disciples being “the salt of the earth”. We are not to be the same dull worldly flavours of egotism, ambition, pride, anger and violence of the world, but the preserving flavour of Christ. We are to be distinctive. St Paul, in his First Letter to the Corinthians describes it thus: “When reviled we bless; when persecuted, we endure, when slandered, we entreat” (4:11-12). People must know from our reactions to the world that we are Christians, tasing of Christ, and so bringing the light of Christ, like lighthouses lighting a dark world.

To be such salt and light, we need to be in a sense salted by Christ. This happens at Baptism, which is why salt used to be placed on the tongue of the baptised. It also happens through the life of the Church, by receiving the sacraments, listening to the Word of God and opening our hearts in prayer. To know what the Divine salt is like, we must taste that salt and so become like that salt. When people meet us and interact with us, just like the signature source, they will say “That’s God the Father’s salt”, except it is not a secret recipe, it is known and has been made know: it is Christ the Lord.

God bless you this Sunday and always

Prayer to the Holy Family

HOLY FAMILY OF NAZARETH, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the centre of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.

February is the Month of the Holy Family

We pray for the salvation of souls; for those who are sick and those who care for them; for vocations to the Sacred Priesthood; and for the Holy Catholic Church. Please implore Our Blessed Lord to guide the House of Lords to reject the anti-life legislation before them.

Adoration (Thursday evening until Saturday evening);

Rosary, Vespers and Benediction (Sunday 4.30pm) * NEW TIME

St Joseph Devotions Tuesday after 9.15am Mass

Rosary for Vocations to the Sacred Priesthood Wednesday after 9.15am Mass

'Your light shall break forth like the dawn.'

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rearguard.

Then you shall call, and the Lord will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

Responsorial Psalm

Ps 112(111):4-5. 6-7. 8a, 9. R4a

A light rises in the darkness for the upright.**Second Reading****1 Corinthians 2:1-5****'I proclaimed to you the mystery of Christ crucified.'**

I, when I came to you, brothers and sisters, did not come proclaiming to you the testimony of God with lofty speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.

Gospel**Matthew 5:13-16****'You are the light of the world.'**

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

SECOND COLLECTIONS IN FEBRUARY

SUNDAY 8TH FEBRUARY—CHURCH ROOF FUND

We can take digital donations via the Dona collection plate at the back of the Church
or via the Parish Bank Account

CDP SOUTHAMPTON HOLY FAMILY SORT CODE 30-93-04 ACCOUNT NUMBER 00887898

**SCAN ME**

HOLY FAMILY, SOUTHAMPTON

Parish Notices

AMALGAMATING PARISHES ACROSS SOUTHAMPTON —IMPORTANT—PLEASE READ AND ACT

The Bishop has proposed the amalgamation of the ten Parishes of Southampton into one Parish. At this stage it is only a proposal but it is important that if you wish your views to be considered, you respond to this letter. The Bishop has asked Fr Benjamin to collate responses and submit them to him.

Please do not write directly to the Bishop.

We shall have a further consultation meeting after 10.30am Mass on Sunday 15th February.

Please ensure you respond by Monday 16th February

PLEASE BRING LAST YEAR'S PALMS FOR BURNING FOR ASHES

National Marriage week—Free Tea Party Sunday 8th February 3.30pm in Louis Suite

Marriage Sankofa Invites you to a Tea Party with homemade cakes to celebrate National Marriage Week. Party at 3.30pm followed by Rosary, Vespers and Benediction at 4.30pm and a blessing for married couples. Everybody welcome. Free but we welcome donations for our Church roof!

Parish Vacancy

Job Title: Permanent Adorer of Our Blessed Lord

Hours of Work: Saturdays 5pm until 6pm

Salary: Innumerable graces

Job description: Watch for one hour, wrapped in His love.

Contact: ministry@holyfamilysouthampton.org.uk or the office



Come and See—14th February 12 noon until 1pm

This is a group for children who are in Year 3 to find out about our Faith in a fun way as part of their First Confession and First Holy Communion preparation.

Come along or contact ministry@holycatholicchurch.co.uk

Render therefore to Caesar... then claim back through GIFT AID (with apologies to Mark 12)

In times when obviously everybody's bills are going up we would be enormously grateful to everyone who pays tax in the UK but hasn't yet registered for Gift Aid to complete a Gift Aid Declaration (from the back of the Church or office) and return it to the office. This would mean that the Parish could claim back from the Government 25p for every £1 which you have already paid in tax, without it costing you any extra. Naturally if you are also in the position that you can increase your giving that would be an added bonus! This is an incredibly generous Parish and we are very grateful for your generosity.

Parish Registration

It would be particularly helpful if parishioners could complete an updated Parish Registration form [The Holy Family Millbrook, Southampton, Parish Registration Form – Fill in form](#)

Hard copies are also available at the back of the Church or from the office but completing the online form avoids inaccuracies in data entry. Many thanks indeed for your help.



Job vacancies in the Diocese [Careers - Catholic Diocese of Portsmouth](#)

THIS WEEK AT HOLY FAMILY



Holy Mass OF = Ordinary Form, EF = Extraordinary Form

7 Feb	Sat	Our Lady on Saturday(OF)	9.15 am	Those preparing to receive the sacraments
7 Feb	Sat	in anticipation of (OF)	6.30 pm	People of the Parish
8 Feb	Sun	Sexagesima (EF)	9.00 am	Andrew Wood (Int)
	Sun	Fifth Sunday in Ordinary Time (OF)	10.30 am	Mathew Parayil (int—grateful thanks)
9 Feb	Mon	feria	7.30 pm	Maria Le Thi AN & Joseph Hoi Tran
10 Feb	Tues	St Scholastica (OF)	9..15am	Peter Vang Van Le & Maria Nguyen Thi Siu
11 Feb	Weds	Our Lady of Lourdes(OF)	9.15 am	Sam Wilkins (birthday)
12 Feb	Thurs	The Seven Holy Founders of the Order of the Servants of the BVM (EF)	7.30 pm	Catherine Merrifield (Int)
13 Feb	Fri	feria (OF)	9.00am	Ancy Shiju (thanksgiving)
14 Feb	Sat	St Cyril (OF)	9.15 am	Nina Reczko (RIP)
	Sat	in anticipation of (OF)	6.30pm	People of the Parish
15 Feb	Sun	Quinquagesima (EF)	9.00 am	Fr David Keniry (RIP)
	Sun	SIXTH SUNDAY IN ORDINARY TIME	10.30am	Anton Gonzales Castno (RIP)

HOSPITAL VISITS

If you, or a loved one, will be going into hospital, or have been taken in unexpectedly, please would you let Fr Benjamin know (either directly, or via the office).
Hospital staff are no longer able to phone on your behalf.

Confessions (when there is Mass)

Saturday:	5.30—6.20 pm
Monday & Thursday:	6.45—7.20 pm
Tuesday & Friday:	8.30—9.10 am

Eucharistic Adoration

Thursday 8.00 pm to Saturday 6.00 pm

Rosary, Vespers & Benediction for Vocations

Sunday: **4.30 pm***

St Joseph Devotions—Tuesdays after Mass

Rosary for Vocations—Weds after Mass

Groups/Activities in the Louis Suite

RCIA -	Mondays at 7.00pm
Parish Prayers	Last Tuesdays 7.00pm
Mother's Prayers	Wednesdays at 2.00 pm
Sewing Group	- Fridays at 10.00am
Lunch Group	Fridays, fortnightly at 12.00 noon:
Next Lunch :	TBC
Catholic Men's Group	1st Saturdays at 7:30 pm

DATES FOR YOUR DIARY

FEBRUARY

7th St Agatha's Patronal Feast, Solemn High Mass
11.00am, at St Agatha's, Portsmouth
8th Tea Party—National Marriage Week 3.30pm

FEBRUARY

18th ASH WEDNESDAY -
Fasting and Abstinence

The Holy Family Catholic Church Redbridge Hill, Southampton SO16 4PL

Email: office@holyfamilycatholicchurch.co.uk Tel: 023 80 778203 Website: www.holyfamilycatholicchurch.co.uk

Parish Priest	Fr Benjamin Theobald	btheobald@portsmouthdiocese.org.uk
Asst. Priest	Fr Benedikt Timpe	btimpe@portsmouthdiocese.org.uk
Parish Deacon	Dcn Tom Jose	tjose@portsmouthdiocese.org.uk
Parish Administrator	Catherine Merrifield	office@holyfamilycatholicchurch.co.uk
Safeguarding	Catherine Merrifield	safeguarding@holyfamilycatholicchurch.co.uk
Lead Catechist	Angela Wood	ministry@holyfamilycatholicchurch.co.uk

Grateful thanks for your generosity in December

Loose plate: £1275.38 Gift Aid £830.00 Standing orders: £1826.66

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SCAN TO DONATE