



## PARISH OF THE HOLY FAMILY, MILLBROOK

### Fr Benjamin writes...

When I was a youngster I frequented a shop called *Naughty but Nice*. It was a lovely little store, full of oddities, nick-naks and quirky artefacts. It was full of things you did not need, but which would be nice to have, such as glass chess sets, tinkling wind chimes and gilded photo frames. A complete waste of time and money. It was, in fact, not naughty at all, but a nice distraction from the hum-drum of the rest of the High Street. The fact that it employed the word 'naughty' was telling, (It's long since shut up shop). It played on the fact that we are enticed by things judged to be slightly bad. Just like those ice-creams and chocolates with stupid names like 'Indulgence' and 'Temptation' it plays on our own attempts to make deviation and temptation acceptable and tamed.

It is all the easier to justify giving into a temptation if we gloss it with an aura of cheekiness, and therefore forbidden delight. That is precisely the trap of temptation. It makes itself look attractive and naughtily innocent. It poses itself as being a harmless bit of fun. Temptation always disguises what really lurks beneath it.

Take for example Christ's first temptation in the desert. He had been fasting forty days; He was hungry. Was it not perfectly acceptable – even sensible – to make bread out of the stones surrounding Him? Why not, when He could? Beneath the justification, beneath the dressed-up façade of being good to Himself, was the snare. It would have been an abuse of His power; it would have made Him cheat. It would have been the first step to refusing to walk the Way of the Cross. It was the thin end of the wedge.

We must never justify falling to temptation as something done in innocence or playful naughtiness. We must never dialogue with our temptations or reason with them. We need to see them for what they are, which are dressed up deceptions telling us what we supposedly need, which they say is anything but the living God. Then we need to see Christ and know that with Him is no façade, no false clothing, but the Saviour upon the Cross dressed in a single cloth, loving us, because He always loved His Father first.

**God bless you this Sunday and always**

### Prayer to the Holy Family

HOLY FAMILY OF NAZARETH, make our family one with you. Help us to be instruments of peace. Grant that love, strengthened by grace, may prove mightier than all the weaknesses and trials through which our families sometimes pass. May we always have God at the centre of our hearts and homes until we are all one family, happy and at peace in our true home with you. Amen.

### February is the Month of the Holy Family

We pray for the salvation of souls; for those who are sick and those who care for them; for vocations to the Sacred Priesthood; and for the Holy Catholic Church. Please implore Our Blessed Lord to guide the House of Lords to reject the anti-life legislation before them.

**Adoration** (Thursday evening until Saturday evening);

**Rosary, Vespers and Benediction** (Sunday 4.30pm) \* NEW TIME

**St Joseph Devotions** Tuesday after 9.15am Mass

**Rosary for Vocations to the Sacred Priesthood** Wednesday after 9.15am Mass

Stations of the Cross Friday morning after 9.15am Mass

The Church is open for private prayer from 9am-6pm each day

**The creation and sin of our first parents.**

The Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. And the Lord God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the Lord God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, 'Did God actually say, "You shall not eat of any tree in the garden"?' And the woman said to the serpent, 'We may eat of the fruit of the trees in the garden, but God said, "You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die."' But the serpent said to the woman, 'You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

**Responsorial Psalm****Ps 51(50):3-4. 5-6b. 12-13. 14, 17. R cf. 3a****Have mercy on us, O Lord, for we have sinned.****Second Reading****Romans 5:12-19****'Where sin increased, grace abounded all the more.'**

Brothers and Sisters: Just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned — for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man, Jesus Christ, abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brought justification. For if, because of one man's trespass, death reigned through that one man; much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

**Gospel****Matthew 4:1-11****Jesus fasts for forty days and is tempted.**

At that time: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry.

And the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and set him on the pinnacle of the Temple and said to him, 'If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, lest you strike your foot against a stone."' Jesus said to him, 'Again it is written, "You shall not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, 'All these I will give you, if you will fall down and worship me.' Then Jesus said to him, 'Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve."' Then the devil left him, and behold, angels came and were ministering to him.

# HOLY FAMILY, SOUTHAMPTON

## Parish Notices

### CONDOLENCES

Please pray for the repose of the soul of our dear brother Lijo who has gone to his Eternal Reward and for the comfort of Santhi and their family.  
Eternal Rest grant unto him O Lord and let perpetual light shine upon him.

### ADORATION

During this temporary period of suspension of Adoration reflect upon the emptiness of your life if Our Blessed Lord wasn't there.

What does He mean to you?

**THIS LENT COULD YOU WATCH JUST ONE HOUR WITH OUR LORD?**

### Parish Vacancy

Job Title: Adorer of Our Blessed Lord  
Hours of Work: One hour between Thursday evening and Saturday evening  
Salary: Innumerable graces  
Job description: Watch for one hour, wrapped in His love.  
Contact: [ministry@holyfamilysouthampton.org.uk](mailto:ministry@holyfamilysouthampton.org.uk) or the office



### SANCTUARY LAMP

If you would like to sponsor the Sanctuary Lamp for one week please give your intention with your donation (suggested £10) to Fr Benjamin or to the office. Many thanks

### LIFT TO MASS

We have two separate requests for transport to Mass once or twice a month  
Saturday evening 6.30pm 1 lady  
Either Saturday evening 6.30pm or Sunday morning 9.00am 1 lady. Both ladies live locally.  
If you are able to help please contact Fr Benjamin or the office.

### Parish Registration

It would be particularly helpful if parishioners could complete an updated Parish Registration form [The Holy Family Millbrook, Southampton, Parish Registration Form – Fill in form](#)  
Hard copies are also available at the back of the Church or from the office but completing the online form avoids inaccuracies in data entry. Many thanks indeed for your help.



**Job vacancies in the Diocese** [Careers - Catholic Diocese of Portsmouth](#)

# THIS WEEK AT HOLY FAMILY



## Holy Mass OF = Ordinary Form, EF = Extraordinary Form

21 Feb	Sat	after Ash Wednesday (OF)	9.15 am	Vocations
21 Feb	Sat	<b>in anticipation of (OF)</b>	6.30 pm	James & Mary James (RIP)
<b>22 Feb</b>	Sun	FIRST SUNDAY IN LENT(EF)	9.00 am	Bill Fortune (RIP)
	Sun	FIRST SUNDAY of LENT (OF)	10.30 am	People of the Parish
23 Feb	Mon	of the first week of Lent	7.30 pm	Michelle Maria da Costa Fernandes (RIP)
24 Feb	Tues	of the first week of Lent	9..15am	Anthony de Melo (RIP)
25 Feb	Weds	of the first week of Lent	9.15 am (OF)	Rachel de Melo-Malik (conversion)
26 Feb	Thurs	feria	7.30 pm	Anthony Redmile
27 Feb	Fri	of the first week of Lent	9.15 am	Sandy Bastian (RIP)
28 Feb	Sat	of the first week of Lent	9.15 am	Lijo (RIP)
	Sat	<b>in anticipation of (OF)</b>	6.30pm	People of the Parish
1 Mar	Sun	SECOND SUNDAY IN LENT (EF)	9.00 am	John Ryan (RIP)
	Sun	SSECOND SUNDAY OF LENT (OF)	10.30am	Nina Reczko (RIP)
<b>SANCTUARY LAMP INTENTION</b>			<b>God's Will for the donor's family</b>	

Please hand Mass intentions to Fr Benjamin, Dcn Tom, or Catherine, or place in the collection basket. If you would like a Mass to be offered on a particular date please give several week's notice and we will try to accommodate you. Thank you

### Confessions (when there is Mass)

Saturday:	5.30—6.20 pm
Monday & Thursday:	6.45—7.20 pm
Tuesday & Friday:	8.30—9.10 am

### Eucharistic Adoration

Thursday 8.00 pm to Saturday 6.00 pm

### Rosary, Vespers & Benediction for Vocations

Sunday: **4.30 pm**

### St Joseph Devotions—Tuesdays after Mass

### Rosary for Vocations—Weds after Mass

### Groups/Activities in the Louis Suite

**RCIA** - Mondays at 7.00pm

**Parish Prayers** **Last Tuesdays 7.00pm**

**Mother's Prayers** Wednesdays at 2.00 pm

**Sewing Group** - Fridays at 10.00am

**Lunch Group** Fridays, fortnightly at 12.00 noon:

**Next Lunch :** **TBC**

**Catholic Men's Group** 1st Saturdays at 7:30 pm

## DATES FOR YOUR DIARY

### FEBRUARY

#### 21st RITE OF ELECTION

PORTSMOUTH CATHEDRAL 11am

#### 22nd Rosary, Vespers & Benediction 4.30pm

#### 27th Stations of the Cross (after 9.15am Mass)

The Holy Family Catholic Church Redbridge Hill, Southampton SO16 4PL

Email: [office@holycatholicchurch.co.uk](mailto:office@holycatholicchurch.co.uk) Tel: 023 80 778203 Website: [www.holycatholicchurch.co.uk](http://www.holycatholicchurch.co.uk)

<b>Parish Priest</b>	Fr Benjamin Theobald	btheobald@portsmouthdiocese.org.uk
<b>Asst. Priest</b>	Fr Benedikt Timpe	btimpe@portsmouthdiocese.org.uk
<b>Parish Deacon</b>	Dcn Tom Jose	tjose@portsmouthdiocese.org.uk
<b>Parish Administrator</b>	Catherine Merrifield	office@holycatholicchurch.co.uk
<b>Safeguarding</b>	Catherine Merrifield	safeguarding@holycatholicchurch.co.uk
<b>Lead Catechist</b>	Angela Wood	ministry@holycatholicchurch.co.uk

Grateful thanks for your generosity in January

Loose plate: £1087.14 Gift Aid £585.00 Standing orders: £1826.66

CDP SOUTHAMPTON HOLY FAMILY SORT CODE 30-93-04 ACCOUNT NUMBER 00887898



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